PAW & FOUND



Homemade Pet Treats

7 Simple & Safe Recipes Your Pet Will Love

🐶 3 Dog Treats 🐱 3 Cat Treats 🐶🐱 1 Recipe for Both

All-natural ingredients • Kitchen-tested • No artificial junk

What's Inside

A curated collection of homemade treats — simple, healthy, and tail-waggingly good.

🐶 For Dogs

1. Peanut Butter & Banana Biscuits
2. Sweet Potato Chews
3. Chicken & Rice Bites

🐱 For Cats

4. Tuna Flake Crunchies
5. Salmon & Catnip Bites
6. Chicken & Cheese Nibbles

🐶🐱 For Both

7. Pumpkin & Oat Bites

Recipe 1

Peanut Butter & Banana Biscuits

🐶 FOR DOGS

🛒 Ingredients

- **1** ripe banana, mashed
- **½ cup** natural peanut butter (xylitol-free)
- **1½ cups** whole wheat flour
- **1** egg
- **¼ cup** rolled oats
- **2 tbsp** water (as needed)

⚠️ SAFETY NOTE

Only use peanut butter with **no xylitol** — it's extremely toxic to dogs. Check the label! Avoid peanut butter with added sugar or salt.

📝 Instructions

1. Preheat your oven to **350°F (175°C)** and line a baking sheet with parchment paper.
2. In a large bowl, mash the banana with a fork until smooth. Add the peanut butter and egg, then mix until well combined.
3. Gradually stir in the flour and rolled oats. If the dough feels too dry, add water one tablespoon at a time until it comes together.
4. Roll out the dough on a lightly floured surface to about ¼-inch thickness. Use a cookie cutter (bone shapes are fun!) or simply cut into squares with a knife.
5. Place biscuits on the baking sheet and bake for **18–20 minutes** until golden brown and firm.
6. Let cool completely before serving. Store in an airtight container for up to 2 weeks.

Yield: ~24 biscuits | **Bake:** 18–20 min @ 350°F | **Store:** Up to 2 weeks

Recipe 2

Sweet Potato Chews

🐶 FOR DOGS

🛒 Ingredients

- **2** large sweet potatoes
- **1 tbsp** coconut oil (optional)
- **Pinch** of cinnamon (optional)

⚠️ SAFETY NOTE

Sweet potatoes are safe and nutritious for dogs. No added salt, butter, or seasoning beyond cinnamon. Cut evenly so chews dehydrate at the same rate.

📝 Instructions

1. Preheat your oven to **250°F (120°C)**. Line a baking sheet with parchment paper.
2. Wash and scrub the sweet potatoes well — no need to peel. The skin adds fiber and nutrients.
3. Slice the sweet potatoes lengthwise into **¼-inch thick** strips. Try to keep them even so they dry uniformly.
4. If using, lightly brush strips with melted coconut oil and sprinkle a tiny pinch of cinnamon.
5. Arrange strips in a single layer on the baking sheet. Bake for **2½–3 hours**, flipping halfway through.
6. The chews are done when they're dry and leathery but still slightly pliable — not brittle. Let cool completely.
7. Store in the fridge in an airtight container for up to 3 weeks.

Yield: ~20 chews | **Bake:** 2½–3 hr @ 250°F | **Store:** Up to 3 weeks (fridge)

Recipe 3

Chicken & Rice Bites

🐶 FOR DOGS

🛒 Ingredients

- **1 cup** cooked chicken breast, shredded
- **½ cup** cooked brown rice
- **1** egg
- **¼ cup** finely grated carrot
- **⅓ cup** oat flour (or ground oats)

⚠️ SAFETY NOTE

Use **unseasoned** chicken — no salt, onion, or garlic powder (both are toxic to dogs). Make sure all bones are removed.

📝 Instructions

1. Preheat oven to **350°F (175°C)**. Line a baking sheet with parchment.
2. In a food processor, pulse the shredded chicken until finely ground (or chop very finely by hand).
3. In a bowl, combine the ground chicken, cooked rice, egg, grated carrot, and oat flour. Mix until you have a dough-like consistency.
4. Roll the mixture into small balls, about **1 inch** in diameter, and place on the baking sheet. Flatten slightly with a fork.
5. Bake for **15–18 minutes** until golden and firm to the touch.
6. Cool completely. These freeze well — store in the freezer for up to 3 months, or the fridge for 5 days.

Yield: ~20 bites | **Bake:** 15–18 min @ 350°F | **Store:** 5 days (fridge), 3 months (freezer)

Recipe 4

Tuna Flake Crunchies

🐱 FOR CATS

🛒 Ingredients

- **1 can (5oz)** tuna in water, drained
- **½ cup** oat flour
- **1** egg
- **1 tbsp** dried catnip (optional)
- **1 tbsp** olive oil

⚠️ SAFETY NOTE

Always use tuna packed in **water**, not oil or brine. Too much tuna can cause mercury buildup — these are treats, not meals. Limit to 2–3 per day.

📝 Instructions

1. Preheat oven to **325°F (160°C)**. Line a baking sheet with parchment paper.
2. Drain the tuna thoroughly and flake it with a fork into small pieces.
3. In a bowl, combine the flaked tuna, oat flour, egg, olive oil, and catnip (if using). Mix into a thick paste.
4. Scoop tiny portions — about ½ **teaspoon** each — onto the baking sheet. Flatten with the back of a spoon.
5. Bake for **10–12 minutes** until the edges are golden and crisp.
6. Let cool completely — they'll crisp up more as they cool. Store in the fridge for up to 1 week.

Yield: ~30 crunchies | **Bake:** 10–12 min @ 325°F | **Store:** Up to 1 week (fridge)

Recipe 5

Salmon & Catnip Bites

🐱 FOR CATS

🛒 Ingredients

- **1 can (6oz)** boneless salmon, drained
- **1** egg white
- **¼ cup** whole wheat flour
- **2 tbsp** dried catnip
- **1 tsp** nutritional yeast (optional, cats love it)

⚠️ SAFETY NOTE

Use boneless, skinless salmon only. Never use smoked or cured salmon — the salt and preservatives are unsafe for cats. Check carefully for bones.

📝 Instructions

1. Preheat oven to **325°F (160°C)** and line a baking sheet with parchment.
2. Drain the salmon well and mash it with a fork, removing any bones or skin.
3. In a bowl, mix the salmon, egg white, flour, catnip, and nutritional yeast into a uniform dough.
4. Roll into small pea-sized balls (cats prefer bite-sized!) and place on the baking sheet. Press each ball gently to flatten slightly.
5. Bake for **12–14 minutes** until firm and lightly golden.
6. Cool completely before serving. Store in the fridge for up to 5 days or freeze for up to 2 months.

Yield: ~25 bites | **Bake:** 12–14 min @ 325°F | **Store:** 5 days (fridge), 2 months (freezer)

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Recipe 6

Chicken & Cheese Nibbles

🐱 FOR CATS

🛒 Ingredients

- ½ cup cooked, finely shredded chicken
- 2 tbsp grated cheddar cheese
- 1 egg yolk
- 3 tbsp oat flour

> ⚠️ **SAFETY NOTE**
>
> Many cats are **lactose intolerant** — use a small amount of hard cheese like cheddar (very low lactose). No added salt, onion, garlic, or seasonings.

📝 Instructions

1. Preheat oven to **350°F (175°C)**. Line a baking sheet with parchment.
2. Finely shred or mince the cooked chicken — the finer, the better for cats.
3. In a small bowl, mix the chicken, cheese, egg yolk, and oat flour until combined into a moldable paste.
4. Pinch off tiny pieces and roll into small balls — about the size of a **blueberry**. Place on the baking sheet.
5. Bake for **8–10 minutes** until just set — don't overbake or they'll get too hard.
6. Let cool and serve sparingly. Store in the fridge for up to 5 days.

Yield: ~20 nibbles | **Bake:** 8–10 min @ 350°F | **Store:** Up to 5 days (fridge)

Recipe 7

Pumpkin & Oat Bites

🐶🐱 FOR BOTH

🛒 Ingredients

- **½ cup** canned pumpkin purée (100% pure)
- **1 cup** rolled oats
- **1** egg
- **2 tbsp** coconut flour
- **½ tsp** cinnamon

⚠️ SAFETY NOTE

Make sure it's **100% pure pumpkin**, NOT pumpkin pie filling (which contains sugar and spices toxic to pets). Pumpkin is great for digestion in both dogs and cats.

📝 Instructions

1. Preheat oven to **350°F (175°C)**. Line a baking sheet with parchment.
2. Pulse the rolled oats in a food processor a few times to break them down (but don't turn them into flour).
3. In a bowl, combine the pumpkin purée, egg, and cinnamon. Stir in the oats and coconut flour until a dough forms.
4. Roll the dough into small balls — about **½ inch** for cats, **1 inch** for dogs — and place on the baking sheet. Lightly press each one.
5. Bake for **15–18 minutes** until firm and lightly golden on the bottom.
6. Cool completely. Store in the fridge for 1 week or freeze for up to 3 months.

Yield: ~30 small bites | **Bake:** 15–18 min @ 350°F | **Store:** 1 week (fridge), 3 months (freezer)